

## Route Card – Deangate Ridge to Rochester Cathedral

Start time: 9.30am Saturday, 17 June

Distance: 5.7 miles

Difficulty rating:



To celebrate the launch of The Medway Estuary, Towns and Downs Recreational Cycling Route, this year's Medway Big Ride 2017 includes group rides from across Medway, converging on Medway Park in Gillingham.

This ride sets off from Deangate Ridge Sports Complex at 9.30am. It will pick up riders at Rochester Cathedral before heading to Medway Park for the main Big Ride event. Return shuttle bus service available. This must be pre-booked online at [medway.gov.uk/bigride](http://medway.gov.uk/bigride)

Our support riders will be with you all the way, but you are responsible for your own safety, and for the safety of any riders under the age of 18. Helmets must be worn and all children must be supervised by an adult. Please note that some sections of the routes are on public roads.

ID	Distance From Start	Pathway Type	Description	Blue Cycle sign to follow
Start	0.00 mile	Road	Exit Deangate Ridge and head south up the hill past the large green fields on your left.	N/A
1	0.25 mile	Road	At the roundabout, use the adjacent path to cross straight over the roundabout and then turn immediately right. After crossing the roundabout to go along a non-dual carriageway road.	N/A
2	1.39 mile	Cycle Path	At the end of the road turn right then immediately left onto the cycle path and continue up the slight gradient	N/A
3	1.8 mile	Road	At the traffic lights continue down the hill and just before the bridge that crosses the dual carriageway turn left onto the slip road **Safety -This is a sharp left corner. If you are unsure follow cycle route 179 signs and cross at the above traffic lights, bearing left after the school and first left at the first roundabout you meet.	NCN 179

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4	2.13 mile	Road	Turn left and follow this road. **If you followed the safety route continue straight on and adjust mileage distance by adding 0.5mile	NCN 1
5	2.75 mile	Road	At the crossroads turn right over the slight hill and follow the road	The Strand
6	3.45 mile - 3.7 mile	Road / Traffic Lights	At this junction turn left on the cycle path to the traffic lights. Once you are at the traffic lights, use the crossing to gain a safe path across to the outside lane and join the road so you can safely navigate the roundabout **Safety - You can continue to follow NCN 1 signs but be aware there is a very steep gradient with barriers at the bottom of the descent.	**NCN 1
7	4.16 mile	Road	At the roundabout turn right onto a long straight piece of road and follow.	
8	4.67 mile	Road	Turn right at this t-junction and follow to the traffic lights. Once you are at the traffic lights turn left and head through the bus lane (the river should be on your left).	NCN 1
9	5.22 mile	Cycle Pathway	At the traffic lights with the railway bridge, join the path at the ASL and turn left over the bridge on the cycle lane and pass the first set of traffic lights continue past the bus stop.	Brown sign Historic Rochester

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10	5.55 mile	Road	At the Junction called Gas Works Lane turn left and immediately. Do a U turn to wait at the traffic lights under the railway bridge. Once the lights turn green, turn left into the outside lane and then right just before the pedestrian crossing to cross all lanes safely and follow this road over the speed bumps up to Rochester Cathedral	*NCN 1
Meet Point	5.70 mile	Cobbles	Pick up riders from Rochester Cathedral	

Please now download Rochester Cathedral – Medway Park Route Card