

## Route Card – Innovation Centre to Rochester Cathedral

**Start time: 9.45am Saturday, 17 June**

**Distance: 4.40 miles**

**Difficulty rating:**



To celebrate the launch of The Medway Estuary, Towns and Downs Recreational Cycling Route, this year's Medway Big Ride 2017 includes group rides from across Medway, converging on Medway Park in Gillingham.

This ride sets off from Innovation Centre 9.45am. Other riders will join the group at Rochester Cathedral from 10.30am. A return shuttle bus service from Medway Park is available. This must be pre-booked online at [medway.gov.uk/bigride](http://medway.gov.uk/bigride)

Our support riders will be with you all the way, but you are responsible for your own safety, and for the safety of any riders under the age of 18. Helmets must be worn and all children must be supervised by an adult. Please note that some sections of the routes are on public roads.

ID	Distance From Start	Pathway Type	Description	Blue Cycle sign to follow
Start	0.03 mile	Main Road Caution Advised	Exit Innovation Centre Medway and join the dual carriageway and head north towards Rochester (it's a one way so you can only go left)	
1	0.38 mile	Road Option : Shared Cycle Path	After you cross the roundabout continue straight to follow the road. You can join the shared cycle pathway at the pedestrian crossing.	Rochester
2	0.80 mile	Cycle Path / Gates	At the traffic light junction turn left off the main road (into Marconi Way) and after approximately 100 metres bear right and follow cycle pathway signs to Rochester past the play park and through the gates.	Rochester
3	1.08 mile	Cycle Path / Traffic Lights	Once you exit the institute car park you want to head west (left) to the end of the road.	Rochester
4	1.33 mile	Road	At this junction you want to turn left then immediately right into Maidstone Road.	Rochester

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5	1.96 mile	Road	You will get to a section where the road is lower than the grass to you left hand side. At the end of the road turn left and up a light gradient followed by left again. Before the shops on your right follow the blue cycle path signs. Continue to follow this road following all cycle path signs.	Rochester
6	2.77 mile	Road	After the very sharp downhill to the T junction, turn right and then immediately bear left on to Borstal Road heading east towards Rochester. At this point you may continue to follow signposts to Rochester or follow the diversion route listed on this marker.	*Opposite way to signpost
7	3.61 mile - 4.18 mile	Road	At the No Entry junction turn right and follow to the end of the road. Bear left to the T junction at the bottom of the slope then left again keeping the shoulder-height concrete wall to your left. When you get to a sharp right corner, head left towards the speed bumps and follow this road to the end. Turn left and head towards the Cathedral.	*Footpath is available should you choose to not follow the directions on the directions
Meet Point	4.40 mile	Road	Refer to route card "Rochester Cathedral to Medway Park"	Rochester Cathedral