

Active Travel Initiatives

Maintaining an active lifestyle is key to aiding a child's physical development and mental wellbeing. Getting into good habits early will encourage children to make more healthy choices throughout their life.

Whether it's walking, cycling or scooting to school - the benefits are numerous! To find out how your school can get involved with active and sustainable travel, please contact the Sustainable Transport Team - sustainabletransport@medway.gov.uk.

RECEPTION: BIKEABILITY BALANCE

A series of fun school-based sessions that aim to give children the basic balance and co-ordination skills they will need to ride a bike. Balance bikes are provided.

YEAR 6: BIKEABILITY

Training takes place at your school over two days. The first session is in the playground, and if Level 1 is achieved training continues on the road. Up to 8 pupils per course age 10+. Schools can book more than one course.

Contact Us:

ROAD SAFETY PRE SCHOOL EDUCATION

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ROAD SAFETY PRIMARY AND SEN EDUCATION

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BIKEABILITY AND ACTIVE TRAVEL INITIATIVES

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SCHOOL CROSSING PATROLS

Leanne Adams: 07808200295

crossing.patrol@medway.gov.uk

Useful Links:



@TfMedway

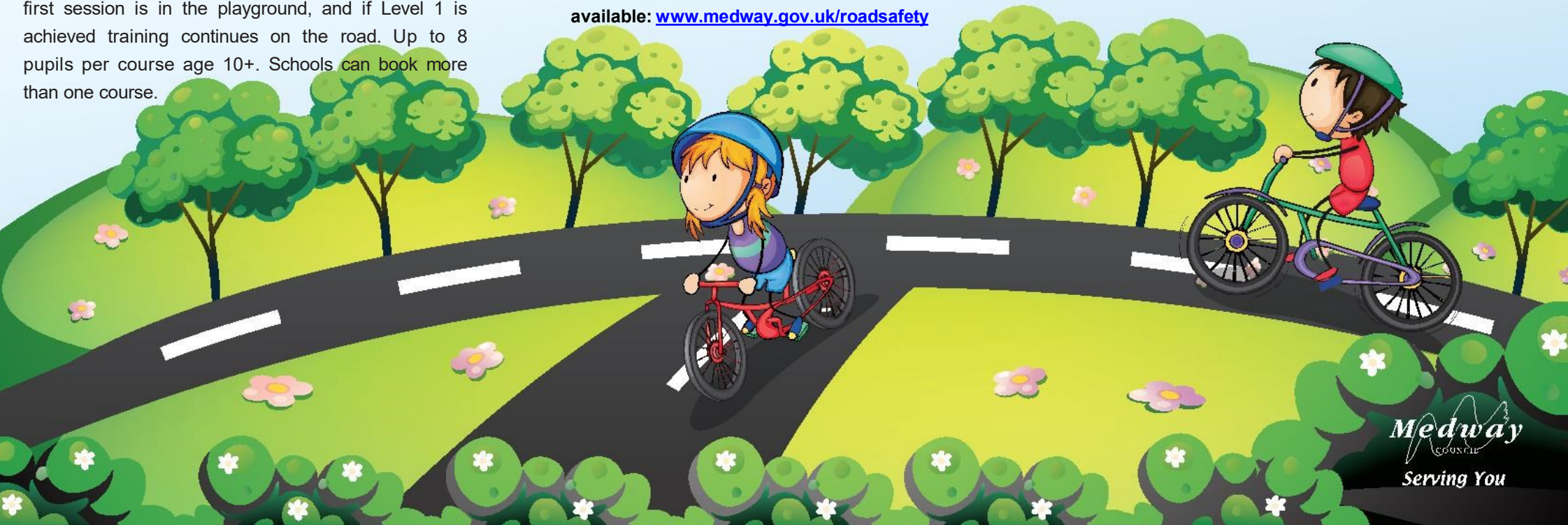
Free online road safety lesson plans and links are

available: www.medway.gov.uk/roadsafety

Primary School

Road Safety Education

2021/22



Road Safety Education

Road Safety is a vital part of a child's learning, from awareness of the local environment, understanding the 'rules of the road', to personal visibility and efficient journey planning.

Medway Council offers a range of age-appropriate lessons, designed to positively improve children's road safety knowledge, skills and behaviour at each stage of their development.

Officers are available to consult on issues connected with road safety education, bespoke lessons for special schools and active travel matters.

New to 2021/22 we will be offering online virtual lessons alongside in-person based delivery.



EYFS

AN INTRODUCTION TO ROAD SAFETY

A Road Safety Officer visits children and introduces 'road safety', basic vocabulary and the importance of holding a grown-ups hand.

Through role play, children 'build a road', identify traffic and practice the rules of crossing the road.

The session closes with a short road safety story & recap. A virtual road safety 'drop in' session is available on request.

Duration: 45 minutes (approx.)

Key Stage 1

YEAR 1: ROAD SAFETY WALK

A practical training lesson, held on-site outside of the school gates.

Students gain a valuable guided roadside experience, whereby they identify 'safer places' to cross the road. They practice using the green cross code, to cross a real road (whilst chaperoned).

Please note, schools are responsible for children during this activity using the school's own Health and Safety criteria.

YEAR 1 & 2: SCOOTER SKILLS WEEK

All schools will be invited to participate in Scooter skills week which will be run some time during terms 5 & 6 dates to be confirmed .

Road Safety Officers will visit students 'virtually' in classrooms to present an overview of the practical session including skills such as steering and braking. Aided by teachers (guidance notes will be provided), students then hit their own playground tarmac to practice the skills for themselves! Please register your interest by email.

Key Stage 2

YEAR 3: ROAD SAFETY SEQUENCING

A remote or classroom lesson, exploring the importance of putting a sequence into the correct order and how this translates to crossing the road.

YEAR 4 & 5: CONSPICUITY

A guided lesson plan and worksheets to support a teacher – led session, addressing the importance of 'being seen' whilst travelling as a pedestrian or cyclist. Please request via email.

YEAR 6: DISTRACTION

A remote or classroom based lesson, supporting students to identify different types of distractions and how to overcome them, when crossing the road.

YEAR 5/6: SEATBELT SLED

An interactive session providing students with key safety and legal seatbelt information. During the session students receive the opportunity to experience a ride on a 'seatbelt sled'. Available during Terms 5 & 6 only – booking forms to be sent January 2022.

YEAR 6 : TRANSITION

A guided lesson plan and worksheets packaged together to support a teacher – led PSHE session. Designed to be delivered during Term 6 and support Year 6 students transition to secondary school. Please request via email.

