

Medway Parks Mile



Hillyfields Recreation Ground



Hillyfields is a great location for walking, jogging or running in all weather conditions. It's flat, paved and there's already a 1-kilometre route marked out.

To complete a mile, all you need to do is complete 3.5 laps of the paved area.

The 1K start is a good point to begin.

From there, it's anti-clockwise until you reach the bench opposite the start for the 4th time!





