Role of the Health and Wellbeing Board

• Statutory function to build strong and effective partnerships, which improve the commissioning and delivery of services across NHS and local government.

• In practice the Council, the NHS and Healthwatch work together to improve population health and wellbeing and reduce health inequalities.

• To agree priorities based on need and promote integrated working between health and social care commissioners.
Membership

- 7 Councillors nominated by the Leader
- A representative of Medway Healthwatch
- The Director of People – Children and Adults Services
- The Director of Public Health
- The Deputy Director Children and Adult Services
- Three Medway NHS CCG representatives
- NHS England (South East) representative (Vacant) (NHS Long Term Plan Transformation)
Invited Attendees

- Medway NHS Foundation Trust
- Kent Local Medical Committee
- Kent and Medway NHS and Social Care Partnership Trust
- Medway Community Healthcare
Key functions of the HWB

- Joint Strategic Needs Assessment (JSNA).
- Joint Health and Wellbeing Strategy (JHWS).
- Pharmaceutical Needs Assessment.
- Promote integrated working between health and social care commissioners.
- Promote joint working with commissioners of services that impact on wider determinants of health.
- Ensure that Board members commission services in line with the JHWS.
- System leadership.
System leadership

• Important: the HWB is **not** a scrutiny committee
• Scrutiny questions:
  • Why…?
  • How much…?
• HWB questions:
  • What can we do to help?
  • Who can we influence?
HWB Activity 2018/19

- Refreshed the JHWS and monitored its progress.
- Supported the implementation of the Infant Feeding Strategy.
- Considered and debated the potential risks to the population of Medway as a result of the proposed option that would not award HASU status to Medway Maritime Hospital.
- Monitored the development of the Better Care Fund.
- Considered the proposed safeguarding partnership arrangements.
- Commented on the Medway Children and Young People’s Plan.
- Commented on the Draft Medway Joint Carers’ Strategy.
An objective assessment of current and future local health and social care needs

http://www.medwayjsna.info/
Joint Health and Wellbeing Strategy 2018-23

- Development informed by evidence contained in JSNA.
- Refresh of previous 2012 – 17 Strategy.
- Strategy provides a high level framework for improving health and wellbeing in Medway.

The factors that influence health and wellbeing:

Source: Dahlgren and Whitehead, 1991
Joint Health and Wellbeing Strategy

- Addresses the needs and issues identified in the JSNA.
- Sets out agreed priorities and strategies for collective action that feed into commissioning plans.

Vision:

The lives of all people in Medway ‘will be as full, meaningful and healthy as possible’

- We will achieve this through making Medway a place where people are enabled and encouraged to look after themselves and others, services are accessible and delivered equally well across the area.
- This vision will be delivered by focussing on five key themes.
Joint Health and Wellbeing Strategy

The five strategic themes for Medway are:

1. Give every child a good start
2. Enable our older population to live independently and well
3. Prevent early death and increasing years of healthy living
4. Improve mental and physical health and wellbeing
5. Reduce health inequalities
Theme 1: Give every child a good start

There is good evidence that investment in the early years of life (0–5 years) is highly effective in terms of the impact on future health and wellbeing and is highly cost-effective.
Theme 1: Giving every child a good start: Areas for action

- Reduce childhood obesity
- Reduce smoking in pregnancy
- Ensure that childhood vaccination rates are high enough to provide herd immunity
- Improve the emotional well-being of looked after children
- What more can we do to help deliver these actions?
Theme 2: Enabling our older population to live independently and well

- Over the next five years the number of people aged over 65 years will increase by over four thousand (10%).
- The number aged over 85 years will increase by 900 (18%).
- Increasing numbers of older people mean that there will be increasing numbers of people developing chronic conditions who become intensive users of services.
Theme 2. Enable our older population to live independently and well: Areas for action

- Support work to identify and support those who are socially-isolated
- Support work to develop local care and ensure co-ordination with adult social care
- Support the development of the new strategy for carers and the delivery of its actions
- What more can we do to help deliver these actions?
Theme 3: Preventing early death and increase years of healthy life

- This theme focuses mainly on improving healthcare to prevent early death and improve quality of life. This includes improving early diagnosis and therefore allowing more timely intervention which can significantly improve outcomes in some diseases.
Theme 3. Preventing early death and increase years of healthy life: Areas for action

• Determine the drivers behind Medway’s consistently high cancer mortality rates
• Promote cancer screening, including supporting the Time to Test campaign
• Support action being taken to reduce variation in quality of primary care across Medway
• What more can we do to help deliver these actions?
Theme 4: Improving mental and physical health and wellbeing

• Increasing attention is being paid to not just how long people live, but also how well they live.

• Mental and physical health and wellbeing are affected by many issues, including:
  • crime and the perception of crime
  • proximity to green spaces
  • housing
  • unemployment
  • the quality of employment for those who are in work
  • debt and income level
  • the ability to live independently and autonomously
  • and freedom from pain and ill-health
Theme 4. Improve physical and mental health and wellbeing: Areas for action

- Support actions to make Medway a Dementia Friendly Community
- Influence the shaping of the environment in Medway to make healthy choices the easy choices
- Encourage initiatives to improve self-management of long-term conditions
- Support the implementation of the suicide prevention plan
- Support work to reduce domestic abuse
- Reduce drug-related deaths
- What more can we do to help deliver these actions?
Theme 5: Reducing health inequalities

- In Medway rates of long-term illness, emergency hospital admissions and death are higher in those who are more disadvantaged.
- Health outcomes are not only worse in those who are the most disadvantaged; the inequalities follow a gradient and as such the response also needs to follow a gradient.
Health inequalities: life expectancy

**Male: 2015-17**
Life expectancy at birth: 78.8 years
Inequality in life expectancy at birth: 9.5 years

**Female: 2015-17**
Life expectancy at birth: 82.5 years
Inequality in life expectancy at birth: 6.9 years

Compared with benchmark: 
- Green: Better
- Yellow: Similar
- Red: Worse
Theme 5: Reduce health inequalities: Areas for action

- Monitor the variation in key outcomes across Medway, including school readiness
- Influence the delivery of services to reduce variation across Medway
- Reduce variation in healthy life expectancy
- Support early help to families
- What more can you do to help deliver these actions?
The NHS Long Term Plan was published in January 2019. It aims to ensure that the NHS is fit for the future, providing high quality care and better health outcomes for patients and their families, through every stage of life.

Locally, a Five Year Plan is being developed in response to the NHS Long Term Plan.
Integrated Care System

- Facilitates commissioning at scale of core and services common across the county; providing an assurance and oversight function that has the potential to support improvement and innovation across the system through the development of quality improvement techniques, skills and capacity as well as shared learning.

- Represents provider-led collaborations that support the achievement of improved outcomes, greater efficiency in terms of the use and deployment of resources and potentially greater cost effectiveness and outputs.

- Will act as the local vehicles for integration of health and social care services, crossing organisational boundaries in the public, private and voluntary sectors based on local population and individual needs.

- Serving populations of:
  - 1.8 million
  - \(\text{circa } 250k - 500k\)
    - West Kent - 491,000
    - DGS - 265,000
    - Medway & Swale - 404,000
    - EK - 670,000

- \(\text{circa } 30k - 50k\)
  - this will vary depending on maturity of PCNs

- Increased collaboration and breaking down of organisational boundaries in joined up care (health and social care)
The Three Outcomes Frameworks

Adult Social Care

Adult Social Care and NHS:
Supported discharge from NHS to social care. Impact of reablement services on reducing repeat emergency admissions. Supporting carers and involving them in care planning.

NHS

Adult Social Care and Public Health:
Preventing avoidable ill health or injury, including through reablement services and early intervention.

Public Health

NHS and Public Health:
Preventing ill health and lifestyle diseases and tackling their determinants.

Adult Social Care, NHS and Public Health:
Departmental business plan ‘impact’ indicators and DH contribution to Public Services Transparency Framework.
Meet Our Directorate Management Team

Ann Domeney
Deputy Director of Children and Adults

James Williams
Director of Public Health

Ian Sutherland
Director of People – Children and Adults

Chris McKenzie
Assistant Director of Adults’ Services

David Watkins
Head of Education
Director of People - Overview

• The implementation of the Care Act (2014) and the significant changes in Adult Social Care.
• New duty in relation to managing the market around Adult Social Care.
• Strengthened statutory responsibilities.
• Significant financial issues – cost of care and ageing population.
• Increasing shift towards more integration between health and social care.
Medway has a younger population than England overall.

In Medway, there are 63,697 children aged 0 to 18 years.

(2019) Projected increase to 77,600 children in 2027.

2186 children have an EHCP/statement

Feb 19 1480 attend local schools

A further 6265 receive SEND support

3265 children took the Medway Test

Children in need 2205

Medway has a younger population than England overall.

355 Children subject to a Child Protection Plan

Children Looked After 425

182 Care Leavers supported

7357 Medway children were offered one of their preferred schools for 2018 admissions
Our Vision: Medway’s Child-Focused Future

We have a vision to give Medway a ‘child-focused future’, a future where children and young people have ‘a healthy start’, ‘are learning well’ and ‘thriving in their community’ whilst having fun.
Our Vision: Medway’s Child-Focused Future

What we’ll do:
1. Empower families to be resilient and economically secure
2. Protect those at risk of harm
3. Have fun growing up and have a voice
4. Promote health and wellbeing through positive choices
5. Improve social, emotional and mental health and resilience
6. Reduce health inequalities
7. Ensure children have access to good provision
8. Raise achievement and progress for all
9. Equip young people for life and work in a strong Medway economy
10. Focused help to where is needed earlier

What the future will be:
- Children and young people in Medway are thriving, healthy and learning well.

How we’ll act:
- We will be honest and transparent
- We will be creative and innovative
- We will ensure value for money appropriately
- We will listen and act promptly

How we’ll know if we’ve made a difference:
- Reduction in Young People excluded
- Reduction in EHCP assessments
- Improved health outcomes and reduction in risk and vulnerabilities
- More young people in education, employment or training
- Number of children looked after
- Number of parents experiencing a second or subsequent instance of having a child or children enter care
- Infant mortality rates
- Percentage of new school places in good and outstanding schools

A BETTER MEDWAY
Easier ways to be healthy
Our Adults

Medway has a growing older population similar to England overall.

In Medway, there are 199,201 adults aged 18 and over. (2011)

Received 1390 safeguarding concerns and undertook 750 safeguarding enquiries

1972 people helped with short term support to maximise their independence

3674 people provided with long term care and support of which 2533 were supported in their home and 1141 supported in a care home or nursing home

1748 hospital discharges supported

581 DOLS Assessments

Medway has a growing older population similar to England overall.

1375 Known carers (March 2019)

515 MHAA referrals

1972 people helped with short term support to maximise their independence

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A BETTER MEDWAY
Easier ways to be healthy
# Adult Social Care Services

### Commissioned

*Council only*
- Domiciliary Care
- Care Homes
- Supported Living
- Extra care

Jointly with CCG through Better Care fund
- Intermediate care, Home First and bridging services
- MICES
- Carers services

### In-House

- Social Work
- Occupational Therapy (OT)
- Deprivation of Liberty Safeguards (DOLS)
- Approved Mental Health Professionals (AMHP)
- Safeguarding
- Community Support Outreach Team (CSOT)
- Integrated Discharge Team (IDT)
- Deaf Services
- Short Breaks and Flight Supported Living
- Shared Lives
- Community Day Resource Centre

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**A BETTER MEDWAY**

Easier ways to be healthy
Getting Better Together Strategy

Vision:
We will support the people of Medway to live full, active lives; to live independently for as long as possible, and to play a full part in their local communities.

Strategic Priorities:
• Prevention
• Personalisation
• Partnership
• Integration
• Innovation
• Safeguarding

Risks/Issues:
• Demographic pressures and increasing demand
• Sustainability of funding
• Market sustainability
Partnership Commissioning

• Partnership Commissioning is a joint team across Children and Adults health & social care, embedded within Public Health - funded by both Council and Medway NHS CCG.

• Key priority is the delivery of the ambitions in the Better Care Fund 2018/19 budget - £24.5m
  Shift in caring for people from acute to community
  Focus on prevention

Projects include:
  Establishment of Home First Plus service for patients with long-term condition
  Expansion of Care Navigator Service across Medway
  Joint commissioning of home care and residential / nursing services

• Key commissioning focus
  Intermediate Care – reduce dependency on beds
  Community Equipment – integrated service
  Frailty Pathway
  Improve quality and responsiveness of the market
Kent and Medway Joint Health and Wellbeing Board

- Advisory sub-committee of the Kent and Medway Health and Wellbeing Boards.
- Established for a time limited period of two years commencing from 1 April 2018.
- Facilitates a collaborative approach on the issues emerging from the Sustainability and Transformation Partnerships (STP) for both Local Authorities.
- Given the responsibilities of both Local Authorities in social care and public health, there is a joint focus on the STP local care and prevention work streams.
Joint Board Activity 2018/19

- Undertaken ‘deep dives’ into key issues in prevention to identify opportunities for added value across the system through addressing the wider determinants of health e.g. smoking cessation, reducing obesity, reducing alcohol consumption, physical activity and NHS Health Check.
- Helping to shape the proposal for a system-wide strategic commissioner.
- Considering options for the local authorities in the development of the Integrated Care Systems and Integrated Care Partnerships (ICPs).
Joint Board Planned Activity 2019/20

• ‘Deep dives’ into support for carers and support for growing the voluntary sector.
• Monitoring the Workforce Strategy.
• Considering progress in local care.
• Continued review of plans to develop the ICS.

Activity of the Joint Board will be presented to the Health and Wellbeing Board within the Work Programme report.
HWB Planned Activity 2019/20

- Continued monitoring and review of JSNA, JHWS, Commissioning Plans and Better Care Fund.
- Reviewing the NHS Local Five Year Plan & 10 Year Plan.
- Reviewing CCG and local NHS Transformation ambitions for reducing health and healthcare inequalities and improving outcomes for health and wellbeing.
- Reviewing the SEND Strategy.
- Reviewing the Learning Disabilities Strategy.
- Renewing the protocol between Boards for the Medway Safeguarding Partnership.
- Development session.
Medway Health and Wellbeing Board

1. Give every child a good start
2. Enable our older population to live independently and well.
3. Prevent early death and increasing years of healthy living.
4. Improve mental and physical health and wellbeing.
5. Reduce health inequalities.

What more can we all do to help deliver these strategic themes?