

## Victoria Gardens



Victoria Gardens is a great location for walking, jogging or running a mile. It's paved and the changes in elevation make it fairly tough in places – an additional training challenge!

To complete a mile, all you need to do is complete 3.5 laps of the paved area.

The sign near point A is a good place to start.

Simply follow the path clockwise for 3 laps, then finish at the steps to the bandstand.