

Medway Parks Mile

Serving You

Copperfield Open Space



Copperfield Open Space is a great location for walking, jogging or running in all weather conditions. It's a little undulating, and the hilly section back up to the start adds some extra challenge!

To complete a mile, all you need to do is complete 4 laps of the paved area around the play facilities.

The path just through the gates is a good point to begin.

From there, it's anti-clockwise until you get back to the start for the 4th time!



medway.gov.uk/sport