

Preparing your child for school? Then it is time to check their immunisations are up-to-date.

When starting school, your child will be in contact with more children and could be at risk of catching preventable diseases if they have not had all their childhood immunisations.

Why not make sure that your child starts school with the protection of all the immunisations available to them free on the NHS.

If you are not sure that your child is fully up-to-date with their immunisations please check your child's Red Book. Look especially for two doses of the MMR vaccination and one dose of the 4-in-1 vaccination (also known as the pre-school booster). If they are not up-to-date, please contact your GP practice in July/August to arrange an appointment.

The Kent and Medway Immunisation Service (KMIS) will contact you to offer your child the annual nasal flu vaccination and send a link to an online consent form. This will be offered to every primary school aged child each year between October and December.

Many serious childhood infections of the past are now less common in the UK – thanks to immunisation. Please protect your child and help keep it that way.

Most children are vaccinated before they start school, check now to make sure your child is one of them.