

WHAT IS THE PARENTING SUPPORT SERVICE?

The Parenting Support Service deliver a set of evidence-based parenting programmes.

These are well-researched and evidence-based approaches that have been proven to be highly successful ways of supporting families where there are concerns over parent/child relationships, concerns around the child's behaviour, or help required in relation to supporting a child with an additional need such as attention deficit hyperactivity disorder (ADHD).

The work is based on the theory that families may, without intention, develop patterns of behaviour and interactions towards each other that may encourage undesirable behaviours, and this can make families feel really stuck.

CONTACT US

The Parenting Support Service
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01634 336238

Referrer's Information

MAKING A REFERRAL

You need to complete a referral form for a parent to attend any of our programmes.

Referrals are **ONLY** accepted from agencies in Medway. We currently do not accept parental self-referrals.

From 1st April 2021 Early Help and Social Care will be required to complete a parenting referral directly onto MOSAIC.

All external partners such as schools, paediatricians and other Medway Council partners will be required to refer via the Medway Council Portal.

You will also need to complete the Strengths and Difficulty questionnaire (SDQ) and Parenting Self-Efficacy Scale (PSE) with the parent and attach this when submitting your referral.

Emailed Word document referrals will not be accepted and returned to sender.



GROUPS OFFERED

Due to the current social distancing rules as a result of COVID-19 all our face-to-face groups have been replaced by virtual groups via Microsoft Teams.

These groups are 1.5 hour sessions taking place over six weeks.

Parents will need access to a computer or mobile smartphone, and the Internet to take part.

Current programmes and referral criteria

- **Virtual Triple P Primary**
Any parent with a child aged 5-11 who has general behavioural concerns or conduct problems.
- **Virtual Triple P Teen**
Any parent with a child aged 12-17 who has concerns regarding their teenager's behavioural conduct and pro-social skills.
- **Virtual Triple P ADHD**
Any parent with a child aged 5-11 who is being assessed for ADHD by a paediatrician or already has a diagnosis of ADHD. We currently do not offer a programme specifically for Autistic Spectrum Disorder (ASD) but we can accommodate those children with an ADHD co-morbidity.
- **1-2-1 phone consultations**
On a case-by-case basis we may have limited capacity for **short-term** parenting assistance on a one-to-one basis for parents who cannot attend a virtual group. Please email the parenting support service in the first instance.