

Medway Parks Mile



Parkwood Green



Parkwood Green is ideal for walking, jogging and running a mile.

The route is flat, half paved and half grass. This course could get muddy in the wetter months.

To complete the mile, start at the entrance next to the preschool and the precinct. Follow the paved area next to the houses until you meet Deanwood Drive. Either walk down Deanwood Drive or cut onto the grass behind the trees. Continue your walk along the path/grass track. Cut back along the perimeter of the field until you reach the start. Complete two laps to achieve your mile.





