

Princes Avenue Open Space



Princes Avenue open space is ideal for those looking for slightly more of a challenge! Be warned, it can be muddy in autumn/winter conditions.

To complete a mile, all you need to do is complete 5 laps of the area.

The basketball hoop is a good place to begin.

From there, running in either direction keeping to the outskirts of the area will cover around 1/5 of a mile each lap.