

Queen Elizabeth Park Mile



The Queen Elizabeth Park is a large field ideal for a walk or run. A majority of the route will be grass so it will be muddy in the autumn and winter months. It is flat with a slight incline in one section.

To complete a mile, start at the main entrance, walk the whole way round the edge of the field back to the start. To finish the mile, walk up the path towards the bike pump track, around the track and back down the path to the main entrance.

Remember to wear suitable footwear.

Happy Walking