

## Wigmore Park



Wigmore Park is a great location for walking, jogging or running. Half of the course is paved, whilst the other half is grass. Please be aware that during the Autumn/Winter months it maybe muddy.

To complete a mile, you can start at any entrance, and walk or run twice around the park. To complete a full mile, you must make sure that you walk to each entrance during the lap.

Follow the pavement around the park. By the children's play area, head up on to the grass behind the trees. Follow the park around the edge and past the tennis courts until you meet the path again.